

# **GHSA Track and Field Sectional Handbook**

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## **GHSA Track and Field Sectional Handbook**

Thank you for agreeing to host one of the 10 sectional meets in the state of Georgia. The GHSA track advisory committee has put together this handbook to help you put on a meet that will be memorable positive experience for all involved. Each sectional meet will consist of four regions; as such all four regions should have input into how the sectional meet is managed. Please read over this document and if you have any questions please address them to Gary Phillips, at garyphillips@ghsa.net

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## **SECTIONAL sites for April 28th 2012**

### **AAAAA:**

Section West – 2,4,5,6 @ McEachern

Section East – 1,3,7,8 @ Tift County

### **AAAA:**

Section West – 1,3,5,7 @ Starrs Mill

Section East – 2,4,6,8 @ Greenbrier

### **AAA:**

Section West – 4,5,6,7 @ Carrollton

Section East – 1,2,3,8 Howard High @Thompson Stadium Howard

### **AA:**

Section West – 1,5,6,7 @ Greater Atlanta Christian

Section East – 2,3,4,8 @ Lamar County

### **A:**

Section West – 1,4,5,6 @ Landmark Christian

Section East – 2,3,7,8 Athens Christian @ UGA

## Advancement and Seeding From Region to Sectionals

- Top 4 from each Region advance to Sectionals; Top 6 places must be determined for replacement purposes.
  - Seeding from Region to Sectionals: Lane Races
    - Top 2 from each region – Place first, then time
    - 3<sup>rd</sup> and 4<sup>th</sup> place finishers in each Region
  - Seeded by time only: 1600 and 3200 races
  - Field events seeded by time or distance/height.
    - Field events in reverse order worst to best.
  - All seeding will be done by GHSA once all Region results have been submitted.

*When there is a tie in any event involving more contestants than the Region Meet is entitled to enter the Sectional Meet, the contest must continue on the day of the region competition until the representatives to the Sectional Meet are determined.*

## Advancement and Seeding from Sectionals to State Finals

- Top 8 from each Sectional advance to State Finals; Top 10 places must be determined for replacement purposes.
  - Running Events (Lane Races) Qualifying heats only.
    - No running finals will be held.
    - Two heats: top 2 in each heat, and next 4 fastest times advance to State Finals
  - Running Events (1600-3200 ) Top 8 finishers advance to State Finals
  - Field Events (Horizontal Events: Long Jump, Triple Jump, Shot Put, Discus)
    - Trials and Finals will be held with top 9 advancing to Finals for three additional attempts.
    - Competitors should be reordered worst to best for the finals.
  - Field Events (Vertical Events: Pole Vault and High Jump)
    - Events should be carried to conclusion.
    - See Casebook (pages 9-10) for dealing with ties
  - **All SEEDING at State Finals** is based on Sectional Performances.

*When there is a tie in any event involving more contestants than the Sectional Meet is entitled to enter the State Meet, the contest must continue on the day of the competition until the representatives to the State Meet are determined.*

In the event of any tie for an advancement spot, the performance where the tie occurred should be carried forward to the next meet.

The mark obtained by a competitor in the trials or finals of the region and/or sectional meet is the mark that the competitor will carry with them into the next round of competition. No mark obtained in a tie-breaker will replace an existing mark unless it is a mark involving a 1st place competitor (per rulebook).

## **Athlete Replacement (Sectional to State Meet)**

1. When a qualifier cannot compete in the State Final, the next competitor in the order of finish will be selected as a replacement.
2. All replacements for the State Final must be made by the SECTIONAL TRACK MEET DIRECTOR ONLY and reported to the GHSA Office no later than 12:00 noon two (2) days prior to the beginning of the State Final. Girls: Tuesday, May 1, 2012 Boys: Tuesday, May 8, 2012
3. All entries for the State Final will be posted on the GHSA web site ([www.ghsa.net](http://www.ghsa.net)) for verification. Schools will not receive paper copies of their qualified athletes. It is the responsibility of EACH COACH to review the school's entries on the web site and immediately notify the Sectional Meet Director if corrections need to be made.
4. A contestant disqualified in a Region or Sectional Meet may not participate in the State Final in the event in which he was disqualified.
5. Relay teams should list four (4) runners and two (2) alternates.
  - (a) No replacements may be made of the runners and alternates qualifying at the Region Meet.
  - (b) Any four (4) of the six (6) listed on the Region entry may run in the relay event in any round of advancement (Region, Sectionals, Semi-finals and Finals) , and in any order desired by the team.
  - (c) Schools with two qualifying teams in the same relay may not list competitors on one team as alternates on the other team, nor may the same alternates be listed for both teams.

## Sectional Meet Time Schedule

(Time Schedule must be the same for all Sectional competitions,  
with the exception of inclement weather)

### **Saturday**

**11:30 a.m. 1600 Meter Run (1 Section-all qualifiers)**

**FIELD EVENTS-9 to Finals in horizontal events (jumps and throws)**

**12:00 p.m. Long Jump Girls, Triple Jump Boys**

**Shot put Girls, Discus Boys**

**High Jump Boys Pole Vault Boys**

**2:00 p.m. Triple jump Girls, Long Jump Boys**

**High Jump girls, Pole Vault Girls**

**Shot put Boys, Discus Girls**

**RUNNING EVENTS** (No running events will start before all field events are completed.)

Running schedule will be adjusted if needed)

**3:45 p.m. 400 Meter Relay (2 Heats)**

**Break**

**4:20 p.m. 400 Meter Dash (2 Heats)**

**4:35 p.m. 100 Meter Dash (2 Heats)**

**4:50 p.m. 110 Meter Hurdles-100 Meter Hurdles(2 Heats)**

**5:10 p.m. 800 Meter (2 Heats)**

**5:30 p.m. 200 Meter Dash (2 Heats)**

**5:45 p.m. 300 Meter Hurdles (2 Heats)**

**6:10 p.m. 3200 Meter Run (1 Section-all qualifiers)**

**7:00 p.m. 1600 Meter Relay (2 Heats)**

## **Sectional Meet Officials**

You as the meet host will appoint a Meet Director who will then contact each Region Meet Director in your sectional to determine which coaches will serve on the Games Committee, and Jury of Appeals. Once the games committee is in place they will help choose the rest of the officials for the sectional meet.

### **Games Committee**

The four games committee members shall be made up of one coach from each region involved. Each Region will select a coach to represent the region on the Games Committee. The responsibilities of the games committee for the sectional meets are to set the competition/restricted areas, set criteria for relay markings, select meet officials, starting heights of crossbars, designate coaching areas, appoint referees for field events and running events, and decide if the meet shall be suspended in case of hazardous weather conditions.

### **Meet Director**

The meet director should be selected by the host school. This person shall serve as the official representative of host meet management and shall supervise the conduct of the meet and perform such duties to guarantee the competition will run smoothly. This person will, with the help of each region involved (check with each Region Secretary), choose the games committee and the jury of appeals, and will also serve on the Jury of Appeals. This person will be responsible for making sure the host site is set up, safe, and secure. Develop and announce severe weather procedures for the facility. Compile and send out a list of restaurants and lodging in your area.

### **Jury of Appeals**

The five members of the jury of appeals shall be made up of one coach from each region involved and the meet director and there also needs to be 2 alternates available in case a member needs to recuse themselves from the ruling. Each Region will select a coach to represent the region on the Jury of Appeals. The responsibilities of the jury of appeals are to determine if the rules have been misapplied after a coach files a written protest.

## **Meet Officials**

*(See National Federation Rule book for the following Official's Responsibilities)*

*(copy of NFHS Rule Book and Case Book )*

Field Event Referee

Running Event Referee

Starter and Back up Starter

FAT Operator and Backup FAT Operator (Finish Judges)

Clerk of Course

Field Judges (Two judges for each field event that are not from the same region)

Umpires for running events (Relay exchange, curve, hurdles, break line. Two umpires for each area from different regions)

Inspector of Implements

Announcer

School Administrator

Certified Trainer or Medical Staff

Security or Police

Gate Keeper

Custodian

Volunteers (Field event help, hurdle crew, block crew)

## Meet Equipment:

### Field Events:

- Tape Measure for Long Jump, Triple Jump, Shot, Discus, High Jump, & Pole Vault
- Cross Bars-High Jump and Pole Vault ( Have Extra Cross Bar as back-up)
- Shot & Discus-Scale (Spray Paint to Mark Implements)
- Pole Vault Release Forms turned into running referee or Meet Director
- Proper Discus Cage and Shot Areas
  - Rings for the shot and discus are concrete; therefore, rubber soled shoes must be worn.
  - Each contestant is requested to bring his/her own shot and discus.
  - Any contestant may use any shot or discus after it has been checked for weight and legality at the field.
- Optional Field Event: Ongoing Performance Standards (Boards) for each field event
- Radio communication

### Running Events:

- Relays/Break Line-Flags
- Lap Counter-Optional
- Hip numbers for all races
- 800m/1600/3200m Index cards with numbers as back-up plan for order of finish
- Blocks will be provided by host school only
- Starter (Starter's Gun)
- Back-Up Starter (Back-Up Starter's Gun)
- Blanks-Sufficient for # of races in meet
- Hurdles (Sufficient for lanes for both 100m/110m and 300m Hurdles)

## Financial: Income

- Host school will keep concession revenues.
- Host school will get a percentage of the T shirt sales revenue. GHSA will provide T Shirt Vendor contact information.
- Host school will keep gate minus 5% to GHSA
- Gate Price set at \$5.00 per person

## Financial: Expenses (To be paid by host school out of gate and concessions)

- Starter, back up starter, FAT operator and back up, gate keeper, custodian, security, starting blanks, hip numbers and miscellaneous items (paper etc).

## Case Book for Advancement Issues

***"When there is a tie in any event involving more contestants than the Sectional Meet is entitled to enter the State Meet, the contest must continue or be re-held until the representatives to the State Meet are determined."***

- Horizontal Field Events (DT, LJ, SP, TJ) - Top 8 Qualify for the State Meet – **TIES WILL BE BROKEN** by following NFHS Rules 6-3-2 and 7-3a-1,2 (ties are broken by second best, third best, etc. performances).

Two or more competitors are tied for the Qualifying 8th Place and each of them has only ONE fair measurement resulting in the tie (there are NO second best, third best, etc. performances available for breaking the tie).

A "jump/throw-off" should occur **AFTER** the conclusion of the regular competition (rather than interrupt the "normal" progression of the regular competition) and the "jump/throw-off" procedure would stipulate each of the tied-competitors take one attempt at a time until the tie is broken for the 8th Qualifying Place.

- Vertical Field Events (HJ, PV) – Top 8 Qualify for the State Meet - Ties for the Qualifying 8th Place. NFHS Rule 7-3b covers the initial tie-breaking procedures for vertical events, but only requires a "jump-off" if the tie involves 1st place and stipulates in Rule 7-3-2b-4b that if "The tie concerns any place other than first, the competitors shall be awarded the same place." Yet, should there be a tie for the Qualifying 8th Place, **TIE WILL BE BROKEN** by the following procedure:

A "jump-off" should occur **AFTER** the conclusion of the regular competition (rather than interrupt the "normal" progression of the regular competition) and the "jump-off" procedures specified in NFHS Rule 7-3-2b-4a should be applied to those competing to break the tie for the 8th Qualifying Place. When breaking the tie, the athlete that advances does not get credit for the mark achieved in the process of breaking the tie. The tie breaker is to be used only to determine the advancement and should not affect the seeding at the next level.

## Case Book for Advancement Issues (continued)

- Laned Races (100, 100h, 110h, 200, 300h, 400, 800, 4X100, 4X400) - Top 2 in each heat + next four fastest times Qualify for the State Meet There may be Ties (identical times to the hundredths) for the Qualifying 8th Place, especially from competitors competing in DIFFERENT heats. Competitors in the same heat would likely have a difference in place based on the reading of the picture (unless they are judged to have finished simultaneously), and NFHS Rule 3-8-4 explains how to break ties by reading times to the one one-thousandth of a second.
  - Two competitors from **DIFFERENT HEATS** have identical (to one one-thousandth of a second) Qualifying 8th Place times resulting in a "run-off" being contested to break the tie.
    1. All required "run-offs" for 100, 100h, 110h, 200, 300h, 400, 800, 4x100 should occur between the running of the girls' and boys' 3200m races AND the start time of the 4x400 Relays should be delayed by 10 minutes if any contestants in the "run-offs" are also competing in the 4x400 Relay.
    2. If a "run-off" is required for the 4x400, it should occur 10 minutes after the conclusion of the last race of the day.

